

NAOMI JUDD KEYNOTE SPEAKER TOPICS

1. **Eight Characteristics of a Survivor**

Loss of your job, a health crisis, and failing relationships are just a couple of the common drivers of personal crisis that cause feelings of loss of control of your life. Learn how to not only survive but thrive amidst personal difficulties as Naomi discusses the eight characteristics of survivors from having a support system to having a purpose in your life.

2. **How to Have a Breakthrough, Not a Breakdown**

Given only 3 years to live when diagnosed with hepatitis C and forced to leave behind her musical career during the pinnacle of The Judds' success, the now recovered Naomi Judd shares her hard-won wisdom that peace of mind isn't the absence of a problem, it's in finding the proven ways to deal with them. This speech is inspired from her New York Times bestselling book, *Naomi's Breakthrough Guide*.

3. **Aging Gratefully**

Inspired by her book, *Naomi's Guide to Aging Gratefully*, this lecture presents facts, myths, insights and good news for Boomers in a delightfully entertaining way through a message of looking for more meaningful ways we can define ourselves so we can enjoy aging.

Past speaking events:

- National Summit on Hepatitis in Washington, DC,
- Women's World Peace Initiative in New York City
- YPO
- M.A.D.D.
- Goodwill Industries
- Ronald McDonald House
- Various Hospitals and Domestic Violence Charities Nationwide